

Sleep Workshop

for parents to help support their child

What:

Support to understand why your child may be struggling to sleep and practical strategies to help them sleep. Available for families of children in reception and above.

When:

Monday 11th March 2024
1:00pm -2:30pm

Where:

At Fellowship House, Park Road,
Congleton, CW12 1DP

Book now

Email:

FamiliesandCommunitiesTeam@Visyon.org.uk

Call: 01260 290000