



PE at Buglawton

How we approach PE at Buglawton

PE is taught for 2 hours per week, with a focus sport intended to last one half term (Swimming is an exception for Year 4 as it runs all year). Daily Mile is now also integrated for a 10 minute boost every afternoon in addition to a wealth of extracurricular clubs which change termly. We use a scheme (PE Planning) which should be adapted for the needs of individual classes and cohorts. The subject coordinator has refined the use of the scheme to 6 units per year group per year with each year group taking part in at least one unit of the following:

- Invasion Games
- Gymnastics
- Dance
- Net/Wall Games
- Striking & Fielding Games
- Athletics

Bespoke to our school, each class also has a unit of fitness included within their second unit of invasion games. These units are scheduled to coincide with the competitions that the school takes part in across the year.

A typical PE lesson should include:

- Recap of previous learning and quick recap rules we remember/ skills practiced so far
- Stretch thoroughly discussing body parts muscles and skeleton
- Warm up fun games/ running.
- Fitness 5 discuss how body feels and changes noticed
- Skill focus independent/ pairs
- Mini games/ drills
- Whole class game
- Plenary discussing what went well and evaluating our own and others performances.

This is not an exhaustive or definitive list.

The **long-term planning** of PE can be found here:

Overview of Learning in PE at a glance:

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Me & Myself	Movement & Development	Throwing & Catching	Ball Skills	Fun & Games	Working with Others
Y1	Football	Netball	Dance	Tennis	Athletics	Cricket
Y2	Football	Netball	Gymnastics	Tennis	Athletics	Cricket
Y3	Football	Netball	Dance	Gymnastics	Athletics	Cricket
Y4	Swimming					
Y5	Football	Netball	Dance	Tennis	Athletics	Cricket
Y6	Football	Netball	Gymnastics	Tennis	Athletics	Cricket

Knowledge Organisers

Each PE Planning unit contains a knowledge organiser which should be shared with the class regularly throughout the unit.

In PE, **vocabulary** is taught...

- At the beginning of each unit.
- Throughout the unit as new skills and tactics are used.

Marking & Assessment

In PE pupils' skills are observed within drills, mini games and competitions

Self assessment

Peer critique and evaluation

Adult observations

Teachers assess pupils' knowledge, skills and understanding by observing against the assessment criteria for each unit. Each pupil will then receive a summative grade after each unit.



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Scheme of Work

<https://peplanning.org.uk/the-staffroom/>

Filter units of work by:

- Year Group
- Sport